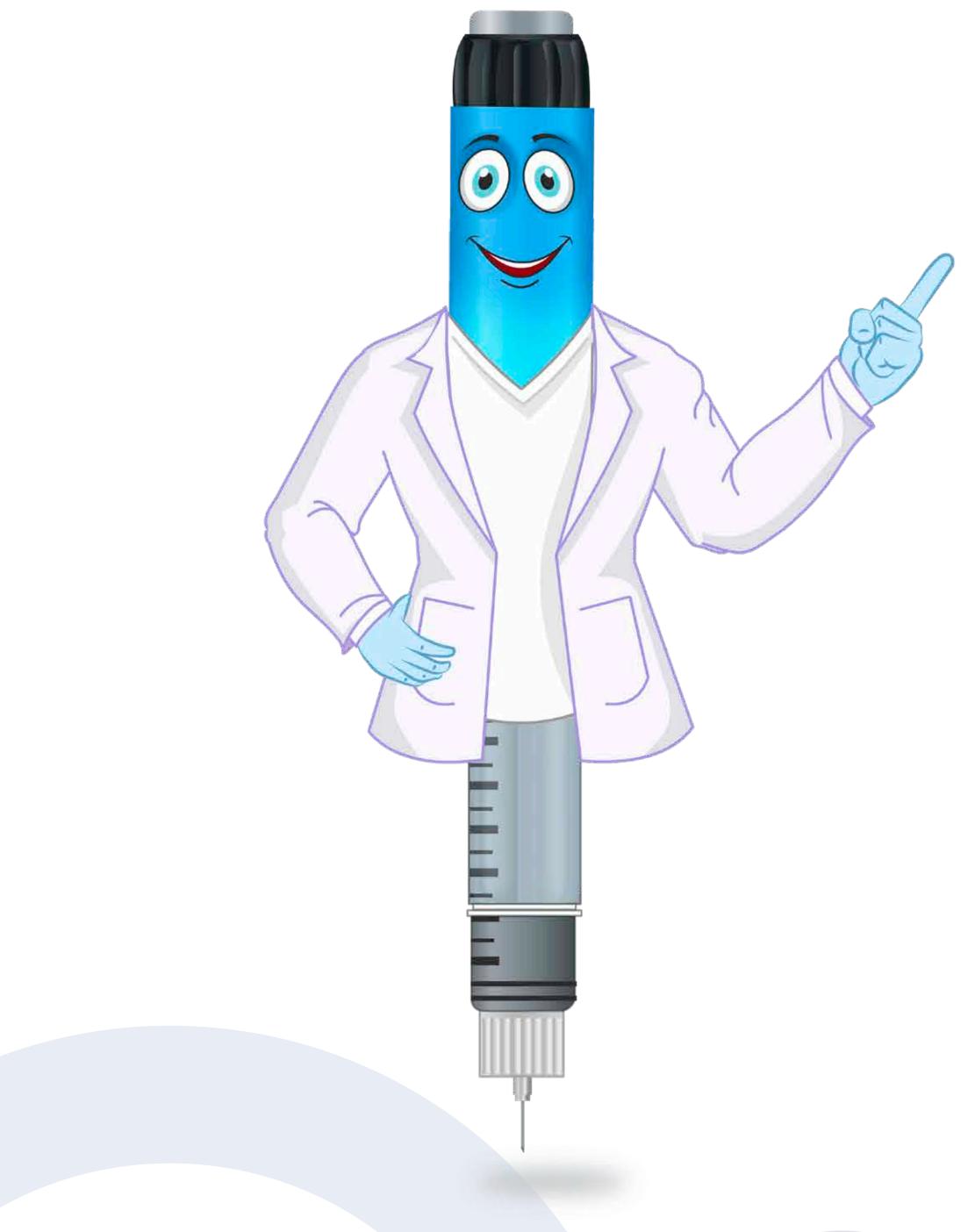




your SIGNS & SYMPTOMS OF HYPOGLYCEMIA



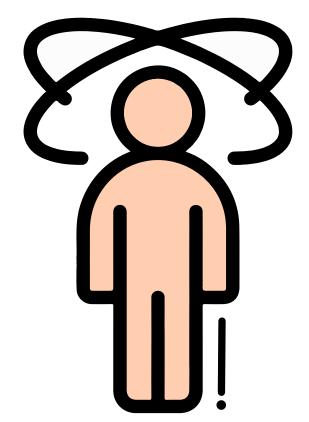
As EACH PERSON'S REACTION to Hypoglycemia is DIFFERENT





MILD TO MODERATE SYMPTOMS





SHAKY or **JITTERY**







TIRED



DIZZY, LIGHTHEADED, CONFUSED, or IRRITABLE

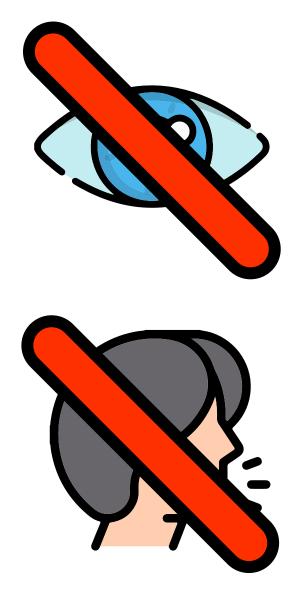




HEART BEATING TOO FAST or not steadily



HEADACHE



CAN'T SEE OR SPEAK clearly



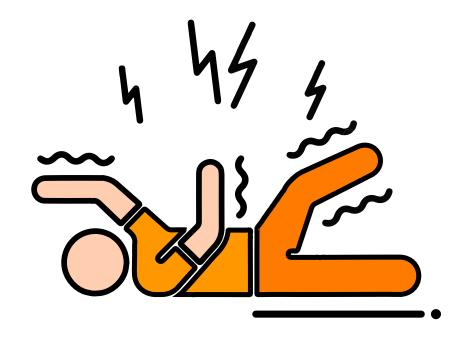






LOSING CONSCIOUSNESS

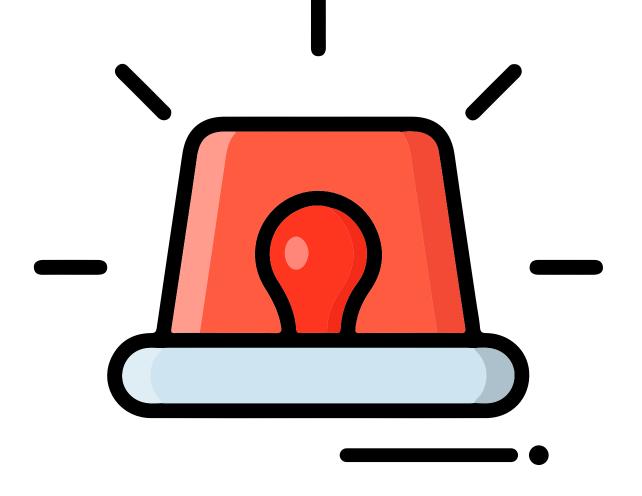




Having a **SEIZURE**



SEVERE HYPOGLYCEMIA IS LIFE-THREATENING and needs to be treated immediately







For more information, contact your doctor or your MyCARE Diabetes Educator

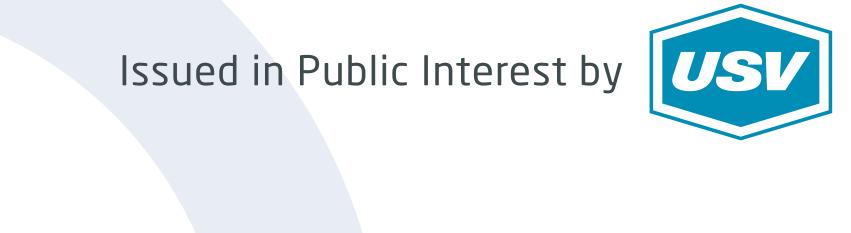




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Blood Glucose (Hypoglycemia) | NIDDK. Available at https://www.niddk.nih.gov/health-information/diabetes/overview/ preventing-problems/low-blood-glucose-hypoglycemia. Accessed 1st Dec 2021



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